

Addison Singers rehearsals/classes during pandemic Covid 19

We have taken into account guidelines from the Government and Making Music. Rehearsals/classes will follow the procedures outlined in the AGS Covid risk assessment (see website). These include:

1. Singers are requested to download the NHS app to their phone to allow use of *Track & Trace*.
2. Any singer showing signs of illness or who has been in contact with anyone who is ill is asked to avoid coming to rehearsal/class.
3. All attendees are required to undertake a Lateral Flow Test on the day of the rehearsal/class. Do not attend if it is positive. Do not attend if you have been asked to isolate by Track and Trace.
4. You will be sent a declaration form electronically. Please submit a signed declaration (preferably electronically beforehand) to addisonadmin@gmail.com by lunchtime before your first rehearsal/class of term or bring printed to your first rehearsal/class. We will have spares if you forget.
5. Please bring a face mask (and ideally a spare) to Jazz. This is optional for classes and classical.
6. Please bring your own hand sanitiser. We will also provide sanitiser.
7. Do bring water, but no tea, coffee or food into the rehearsal/class.
8. On arrival singers are requested to scan the QR code onto their phone.
9. Your temperature will be taken before you enter the rehearsal/class.
10. Jazz members are required to wear a face mask at all times in POSK, including while singing.
11. We are currently recommending that no more than 50 people will be in the Jazz rehearsal venue (POSK) and no more than 70 at classical (St Peter's Church, Southfield Road W4 1BB) at one time. This number does not include the director, door volunteers or the accompanist.
12. Jazz Ensemble will run from 6.30 on Mondays. Jazz Choir will run from 8.00 on Mondays. Chamber Choir rehearsal will run from 6.30 on Wednesdays. Oratorio Choir rehearsal will run from 8.00 on Wednesdays. Please arrive 10 mins prior to rehearsals.
13. Seating for choirs. The rehearsals will be spaced at 1 metre spaces in all directions to allow for adequate social distancing. Seating will be up to a maximum of three to a pew/row between pillars (POSK). When you arrive at rehearsals please go straight to your section.
14. Unless the director asks you to please do not try and sing loudly during rehearsal/class.
15. Exterior doors and windows will remain open during rehearsals/classes to allow for ventilation of the venue. Do dress warmly as we want to maximise ventilation.
16. The toilets at POSK have ceiling ventilation. There is one toilet at St Peters. You may wish to minimise the use of the toilet as they have no external ventilation.
17. Do greet friends but keep voices at a normal level, don't call across to people.
18. Dettol wipes will be provided. We suggest you clean your seat/pew beforehand. Gloves are available. Afterwards, please help by wiping down your chair with the Dettol wipes provided.
19. Sadly, we will not be able to provide spare music. **Please enrol online beforehand and in good time so our Librarians can have your music/score ready on arrival.** Please do not share music or pencils.
20. Classical rehearsals will available to members online. We will look at providing Jazz online but currently do not think this is possible due to the limited wifi at POSK.
21. After rehearsal, St Peters has asked that we do not gather outside the church – there is space in the park opposite.
22. If you test positive to Covid 19 within 10 days of a rehearsal, you are requested to notify Fran O'Brien at chairaddison@gmail.com

Questionnaire for Covid-secure rehearsal

Autumn term 2021

Name:		
email:		
Phone:		
Address:	House	
	Road	
	Town/city	
	Postcode	

By signing this form we are asking you to confirm that you will follow the Addison Singers Guidelines so that classes and rehearsals can be conducted safely. You will also be confirming that you will **not** attend rehearsal/class in the autumn term 2021 if:

1) you have had Covid symptoms in the ten days prior to rehearsal/class.

The commonly associated symptoms are: **Raised temperature; New persistent cough; and Loss of or change to your sense of taste or smell.** Research conducted by the science company Zoe suggests that for those who have had both vaccines the top four symptoms are: **Headache; Runny nose; Sneezing; and Sore throat.**

2) you have been in close contact with someone who has Covid symptoms or has tested positive for Covid-19 in the ten days prior to rehearsal/class

3) you have been told to self-isolate in the ten days prior to rehearsal/class by Track and Trace

4) you have returned from abroad and been told to quarantine over the period of your rehearsal/class

5) you are in an area subject to a local lockdown

If in doubt see further guidance here: <https://www.gov.uk/coronavirus>

Each person is responsible & accountable for their actions and Addison Group of Singers & the venue are not liable if a person should contract Covid 19.

Dated & signed.....

We are collecting these details in case they are needed for Track and Trace. They will be destroyed two weeks after the end of term. Please complete this form electronically and email addisonadmin@gmail.com Otherwise, bring the completed form and return it at the first rehearsal/class you attend. We will have spares at rehearsal if you forget.